



HUALAPAI TRIBE

COMMUNITY COVID-19 GUIDANCE

Updated: January 18, 2022

COVID-19 Guidance is intended to inform the Hualapai Tribal members and the Peach Springs Community on the measure taken to mitigate the spread of COVID-19. The guidance may be amended or updated as more variants develop and spread throughout the world.

Contents

Section 1.	Authority	4
Section 2.	Definitions	4
Section 3.	Precautionary Measures	5
Section 4.	Communicable Disease Prevention Ordinance	5
Section 5.	Well-being Guidance	5
Section 6.	Signs & Symptoms of COVID-19 and its Variants	6
Section 7.	Screening & Detection	6
Section 8.	Additional measures	6
Section 9.	Suspected or confirmed COVID-19 cases	6
Section 10.	Close Contact/Exposure	6
Section 12.	Physical Distancing	7
Section 20.	Wake and Funeral Services	7
Section 13.	Vaccination	7
Section 15.	Quarantine	7
	WHO DOES NOT NEED TO QUARANTINE?	8
	WHO SHOULD QUARANTINE?	9
	WHAT TO DO FOR QUARANTINE?	9
	AFTER QUARANTINE?	10
Section 16.	Isolation	10
	CALCULATING ISOLATION	10
	IF YOU TEST POSTIVE FOR COVID-19 OR HAVE SYMPTOMS, REGARDLESS OF VACCINATION STATUS	10
	ENDING ISOLATION IF YOU HAD SYMPTOMS	10
	ENDING ISOLATION IF YOU DID NOT HAVE SYMPTOMS	10
	IF YOU WERE SEVERLY ILL WITH COVID-19	10
	TAKE PRECAUTIONS UNTIL DAY 10	10
	WHAT TO DO FOR ISOLATION	10
	ENDING ISOLATION FOR PEOPLE WHO HAD COVID-19 AND HAD SYMPTOMS	11
	ENDING ISOLATION FOR PEOPLE WHO TESTED POSITIVE FOR COVID-19 BUT HAD NO SYMPTOMS	12
Section 17.	Confidentiality	12
Section 18.	Cleaning and Disinfecting	12
Section 19.	Supply Request	13

Section 21. COVID-19 Testing..... 13

Section 1. Authority

The Hualapai Tribal Council declared a State of Emergency in connection with COVID-19 on March 17, 2020. The Council enacted Resolution No. 45-2021 Emergency Operations Services to the Communicable Disease Prevention Ordinance as well as Resolution No. 44-2021 Communicable Disease Prevention Ordinance on July 1, 2021.

Section 2. Definitions

Fully Vaccinated/Up-to-Date on COVID-19 Vaccinations

People are considered fully vaccinated for COVID-19, two (2) weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna) or 2 weeks after they have received a single-dose vaccine (Johnson & Johnson/Janssen) **AND HAVE RECEIVED A BOOSTER**. Refer to the CDC updated guidance of what is considered Fully Vaccinated. (*cdc.gov*)

Quarantine

Refers to the separation and restriction of movement of persons who, while not yet ill, have been exposed to an infectious agent and therefore may become infectious. (*cdc.gov*)

Isolation

Refers to the separation of persons who have a specific infectious illness from those who are healthy and the restriction of their movement to stop the spread of that illness. Isolation allows for the focused delivery of specialized health care to people who are ill, and protect healthy people from getting sick. (*cdc.gov*)

Close Contact

Defined as someone who was less than 6 feet away from an infected person, for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15-minutes) of someone who is infected. An infected person can spread SARS-CoV-2 and its variants starting 2 days before the positive specimen collection date. (*cdc.gov*)

Exposure

Defined as contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.

Physical Distancing

Practice of increasing the space between individuals and decreasing their frequency of contact to reduce the risk of spreading a disease (ideally to maintain 6 feet between all individuals, even those who are asymptomatic; showing no symptoms, but positive). (*cdc.gov*)

Cleaning

Cleaning is the removal of foreign material (e.g. soil, and organic material) from objects and is normally accomplished using water and detergents or enzymatic products. (*cdc.gov*)

Disinfect

Uses chemicals (disinfectants) to kill germs on surfaces and objects. Some common disinfectants are bleach and alcohol solutions. You usually need to leave disinfectant on the surfaces and objects for a certain period of time to kill the germs. Disinfecting does not necessarily clean surfaces or removes germs. (*Medlineplus.gov*)

Sanitize

Could be done by either cleaning, disinfecting, or both. Sanitizing means that you are lowering the number of germs to a safe level. What is considered a safe level depends on public health standards or requirements at a workplace, school, etc. (*Medlineplus.gov*)

Using Hand sanitizer

If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol, and wash with soap and water as soon as you can.

Events

Large gatherings bring together many people from multiple households in a private or public space. Large gathering are often planned events with a large number of guest. They sometimes involve lodging, staff, security etc. Large events might be events such as conferences, trade shows, sporting events, festivals, concerts, or wedding and parties. Other large gathering include funerals, wakes, community events, and shareholder meetings.

Peach Springs Health Center (PSHC)

Can refer to Indian Health Service (IHS).

Face mask

For the purpose of this guidance a face mask that securely covers the nose, mouth, and chin. Preventing respiratory droplets from escaping the mask.

Section 3. Precautionary Measures**General Requirements**

People are expected to follow the standards regarding basic hygiene, COVID-19 related Personal Protective Equipment (PPE), and physical distancing.

Hand Washing

Wet your hands with clean running water, lather your hands with soap, scrub your hand for a least 20 seconds, rinse and dry your hands. If soap and water are not available clean your hands with an alcohol-based hand rub. Clean hands for 20 seconds or more to ensure your hands are thoroughly cleaned.

Mask

Community members are required to wear a face masks covering when entering business's regardless of color coding. Community members must wear a face mask on all public transportation service provided by the Hualapai Tribe and its enterprises.

Physical Distancing

Maintain 6 feet of physical distance between yourself and others.

Section 4. Communicable Disease Prevention Ordinance

Resolution [No. 44-2021 Communicable Disease Prevention Ordinance](#) approved by the Hualapai Tribal Council on July 1, 2021.

Section 5. Well-being Guidance

Community members should strive to stay up to date on the spread of COVID-19 locally and how it may uniquely impact them.

Community members either confirmed or suspected of having COVID-19, or who feel sick with symptoms of a fever, cough or shortness of breath must remove themselves from the public immediately. If necessary, seek medical care and avoid contact with others. When in doubt, contact your local health care provider and stay home.

Community members who have been in close contact/exposed to individuals with flu-like symptoms or suspected of having COVID-19, or confirmed as having COVID-19 should refer to Section 15 for further guidance on their course of action.

Section 6. Signs & Symptoms of COVID-19 and its Variants

Symptoms of COVID-19 and its variants may appear 3-10 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headaches
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Section 7. Screening & Detection

Departments are required to screen all visitors to tribal buildings. Visitors must submit to a temperature check upon entering business's to ensure normal body temperature. People and Participants whose temperatures are out of compliance (i.e. 100.4 or higher) will be asked to leave the premises. Some department will require symptom screening checks for a fever, sore throat, cough, or shortness of breath etc.

Failure to comply with the temperature screening will result in an individual not being allowed to enter the tribal building/facilities.

Section 8. Additional measures

Emergency Response Team and the Public Health Authority will evaluate the community COVID-19 or infectious disease situation to initiate changes in community activities and events.

In the event there is a high infection rate or the color coding is elevated to a RED status, all non-critical activities and events will be postponed or canceled until further notice.

Section 9. Suspected or confirmed COVID-19 cases

Additionally suspected or confirmed COVID-19 guidance:

1. A suspected case is any person being subjected to testing or awaiting results.
2. A confirmed case is any person whom has tested positive on a COVID-19 test or who has been formally diagnosed.
3. All suspected or confirmed COVID-19 cases requires immediate escalation to Include:
 - Public Health Nursing Staff or Public Health Authority

Section 10. Close Contact/Exposure

- The exposure must immediately be reported to the public health authority.

- Community members who are identified as third party contact do not need to quarantine, but they should monitor for symptoms for a period of 3 to 10 days. If they demonstrate signs or symptoms of COVID-19 they should get tested or referred for testing and separated from others.

Section 12. Physical Distancing

Allow for 6 feet of space between people.

In-person meetings are allowed but it's recommended that meeting be conducted via streaming service or a combination of in-person and streaming to reduce the amount of people congregating in one area at one time.

Community members should not queue in areas such as lunch lines, entrances, and restrooms, etc. unless closely following physical distancing guidelines.

Meetings:

- In-person meetings should be conducted with enough space to allow attendees to remain 6 feet, apart.
- In a large meeting gathering (7 people or more) all individuals are required to wear a face mask.
- No more than 25 people per in-person meeting (dependent on square footage of the meeting space).
- Allow for ventilation in the building by opening windows or doors for air flow. You may consider turning the fan option on in the meeting space.

Washrooms

- Occupancy will be limited in the washrooms to three persons at a time.
- Washrooms should be cleaned twice a day; once mid-morning and once mid-afternoon.

Events

- The community is encouraged to hold events outdoors when feasible.
- Face masks/face covering are required when attending events and handwashing hygiene should be available.

Section 20. Wake and Funeral Services

- Refer to the Burial Service Protocol for details on Wake and Funeral Services.

Section 13. Vaccination

Hualapai Tribal members and community members are encourage to get vaccinated against COVID-19. Vaccinations are available through the Peach Springs Health Center or your health care provider.

Section 15. Quarantine

Calculating Quarantine

The date of your exposure is considered day 0. Day 1 is the first full day after your last contact with a person who has COVID-19. Stay home and away from other people for 5 days.

If you were exposed to COVID-19 and are NOT Up-to-Date on their COVID-19 vaccinations you should:

- Quarantine for 5 days.
- Stay home and quarantine for 5 full days.

- Wear Face mask if you must be around others in your home.
- Get test even if you do not develop symptoms, get tested 5 days after your last close contact with someone with COVID-19.

What to do after Quarantine

Continue to monitor for symptoms of COVID-19 until 10 days after your last had close contact with someone with COVID-19.

If you develop symptoms isolate immediately and get tested. Continue to stay home until you know the test result. Wear a Face mask when around others.

People must continue to take precautions until day 10 by:

- Wearing a face mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a face mask.
- AVOID TRAVELING
- AVOID BEING AROUND PEOPLE WHO ARE AT HIGH RISK.

If you were exposed to COVID-19 and are Up-to-Date with their vaccination OR had confirmed COVID-19 within the past 90 days (you tested positive using a viral test) you should do the following:

- You do not need to quarantine.
- You do not need to stay home unless you develop symptoms.
- Wear a facemask until 10 days after your last close contact with someone with COVID-19.
- Get tested even if you do not develop symptoms, get tested 5 days after you last had close contact with someone with COVID-19.

Watch for Symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

If you develop symptoms you must isolate immediately and get tested. Continue to stay home until you knows the test result. Wear a Face mask around others inside your home or in public. Do not go to places where you are unable wear a mask.

Take precautions until day 10

- Wear a Face mask for 10 full days anytime you are around others inside your home or in public. Do not go to places where you are unable to wear a face mask.
- AVOID TRAVELING
- AVOID BEING AROUND PEOPLE WHO ARE AT HIGH RISK.

WHO DOES NOT NEED TO QUARANTINE?

If you have come into close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine.

- You are ages 18 or older and have received all [recommended vaccine doses](#), including [boosters](#) and [additional primary shots](#) for some immunocompromised people.
- You are ages 5-17 years and completed the [primary series](#) of COVID-19 vaccines.
- You had confirmed COVID-19 within the last 90 days (you tested positive using a [viral test](#)).

You should wear a [face mask](#) around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0). You should [Get tested](#) 5 days after you last had close contact with someone with COVID-19. If you test positive or develop COVID-19 symptoms, you must isolate from other people and follow recommendations in the [Isolation](#) section below. If you tested positive for COVID-19 with a [viral test](#) within the previous 90 days and subsequently recovered and remain without COVID-19 symptoms, you do not need to quarantine or get tested after close contact. You should wear a [face mask](#) around others for 10 days from the date you last had close contact with someone with COVID-19 (the date of last close contact is considered day 0).

WHO SHOULD QUARANTINE?

If you have come into close contact with someone with COVID-19, you should quarantine if you are in one of the following groups:

- You are 18 years of age or older and completed the [primary series](#) of recommended vaccine, but have not received a [recommended](#) booster shot when eligible.
- You received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a [recommended](#) booster shot.
- You are not vaccinated or have not completed a [primary vaccine series](#).

WHAT TO DO FOR QUARANTINE?

- Stay home and away from other people for 5 days (day 0 through day 5) after you last had contact with a person who has COVID-19. The date of your exposure is considered day 0. Wear a [face mask](#) when around others at home, if possible.
- For 10 days after you last had close contact with someone with COVID-19, monitor for a fever (100.4°F or greater), cough, shortness of breath, or other [COVID-19 symptoms](#).
- If you develop symptoms, you should [get tested](#) immediately and isolate until you received the test results. If you test positive, you must follow the [isolation](#) recommendations.
- If you do not develop symptoms, you should [get tested](#) 5 days after you last had close contact with someone with COVID-19.
 - If you test negative, you can leave your home, but continue to wear a [face mask](#) when around others at home and in public until 10 days after you last had close contact with someone with COVID-19.
 - If you test positive, you should isolate for 5 days from the date of you test positive (if you do not have symptoms).
 - If you do develop [COVID-19 symptoms](#), you must isolate for 5 days from the date your symptoms began (the date the symptoms started is day 0).
 - If you are unable to get a test 5 days after the last close contact with someone with COVID-19, you can leave your home after day 5 if you have been without [COVID-19 symptoms](#) throughout the 5-day period.
 - You must continue to wear a [face mask](#) for 10 days after your date of last close contact when around others at home and in public.
 - Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after 10 days.
- If possible, stay away from people you live with, especially people who are at [higher risk](#) for getting very sick from COVID-19, as well as others outside of your home throughout the full 10 days after your last close contact with someone with COVID-19.
- If you are unable to quarantine, you should wear a [face mask](#) for 10 days when around others at home and in public.

- **If you are unable or unwilling to wear a mask when around others, you must continue to quarantine for 10 days.**
- Do not travel during your 5-day isolation period. Unless seeking medical care. Medication can be delivered to your home by the Public Health Nursing staff.
- Do not go to places where you are unable to wear a mask, such as restaurants and gyms, avoid eating around others at home and at work until after 10 days after your last close contact with someone with COVID-19.

AFTER QUARANTINE?

- You should continue to monitor for symptoms until 10 days after your last close contact with someone with COVID-19.
- If you develop symptoms, you must isolate immediately and [get tested](#).

Section 16. Isolation

CALCULATING ISOLATION

Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected. If you have COVID-19 or have symptoms, isolate for 5 days.

IF YOU TEST POSITIVE FOR COVID-19 OR HAVE SYMPTOMS, REGARDLESS OF VACCINATION STATUS

- Stay home for 5 days and isolate from others in your home.
- Wear a Face mask if you must be around others in their home.

ENDING ISOLATION IF YOU HAD SYMPTOMS

- Ending isolation after 5 full days if you are fever-free for 24 hours (without the use of a fever-reducing medication) and your symptoms are improving (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).

ENDING ISOLATION IF YOU DID NOT HAVE SYMPTOMS

- Ending isolation after 5 full days after your positive test.

IF YOU WERE SEVERLY ILL WITH COVID-19

- You should isolate for 10 days, consult with the Public Health Nurse before ending isolation.

TAKE PRECAUTIONS UNTIL DAY 10

- You should wear a Face mask for 10 full days anytime you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.
- AVOID TRAVELING
- AVOID BEING AROUND PEOPLE WHO ARE AT HIGH RISK.

WHAT TO DO FOR ISOLATION

- Monitor your [symptoms](#). If you have an [emergency warning sign](#) (including trouble breathing), seek emergency medical care immediately.
- Stay in a separate room from other household members, if possible.
- Use a separate bathroom, if possible.
- Take steps to [improve ventilation at home](#), if possible.
- Avoid contact with other members of the household and pets.
- Don't share personal household items, like cups, towels, and utensils.
- Wear a [face mask](#) when you need to be around other people.

ENDING ISOLATION FOR PEOPLE WHO HAD COVID-19 AND HAD SYMPTOMS

If you had COVID-19 and had [symptoms](#), isolate for 5 days. To calculate your 5-day isolation period, day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed. You can leave isolation after 5 full days.

- You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved (Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).
- You should continue to wear a [face mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of your 5-day isolation period.
- If you are unable to wear a mask when around others, you should continue to isolate for a full 10 days. Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after 10 days.
- If you continue to have a fever or your other symptoms have not improved after 5 days of isolation, the public health nursing should wait to end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved. Continue to wear a [face mask](#). Contact your healthcare provider if you have questions.
- Do not travel during your 5-day isolation period. Unless seeking medical care. Medication can be delivered to your home by the Public Health Nursing staff.
- Do not go to places where you are unable to wear a mask, such as restaurants and gyms, and avoid eating around others at home and at work until a full 10 days after your first day of symptoms.

If an individual has access to a test and wants to test, the best approach is to use an [antigen test](#)¹ towards the end of the 5-day isolation period.

If your test result is positive, you should continue to isolate until day 10. If your test result is negative, you can end isolation, but continue to wear a [face mask](#) around others at home and in public until day 10. Follow additional recommendations for masking and restricting travel as described above.

¹As noted in the [labeling for authorized over-the-counter antigen tests external icon external icon](#): Negative results should be treated as presumptive. Negative results do not rule out SARS-CoV-2 infection and should not be used as the sole basis for treatment or patient management decisions, including infection control decisions. To improve results, antigen tests should be used twice over a three-day period with 24 hours and no more than 48 hours between tests.

Note that these recommendations on ending isolation do not apply to people with severe COVID-19 or with weakened immune systems (immunocompromised). See section below for recommendations for when to end isolation for these groups.

ENDING ISOLATION FOR PEOPLE WHO TESTED POSITIVE FOR COVID-19 BUT HAD NO SYMPTOMS

If you test positive for COVID-19 and never develop [symptoms](#), isolate for 5 days. Day 0 is the day of your positive viral test (based on the date you were tested) and day 1 is the first full day after the specimen was collected for your positive test. You may leave isolation after 5 full days.

- If you continue to have no symptoms, you can end isolation after 5 days.
- You must continue to wear a [face mask](#) around others at home and in public until day 10 (day 6 through day 10). If you are unable to wear a mask when around others, you should continue to isolate for 10 days.
- Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after 10 days.
- If you develop [symptoms](#) after testing positive, your 5-day isolation period should start over. Day 0 is your first day of symptoms. Follow the recommendations above for [ending isolation for people who had COVID-19 and had symptoms](#).
- Do not travel during your 5-day isolation period.
- Do not go to places where you are unable to wear a mask, such as restaurants and gyms, and avoid eating around others at home and at work until 10 days after the date of your positive test.

If an individual has access to a test and wants to test, the best approach is to use an [antigen test](#)¹ towards the end of the 5-day isolation period. If your test result is positive, you should continue to isolate until day 10.

If your test result is negative, you can end isolation, but continue to wear a [face mask](#) around others at home and in public until day 10.

¹As noted in the [labeling for authorized over-the-counter antigen tests external icon external icon](#): *Negative results should be treated as presumptive. Negative results do not rule out SARS-CoV-2 infection and should not be used as the sole basis for treatment or patient management decisions, including infection control decisions. To improve results, antigen tests should be used twice over a three-day period with 24 hours and no more than 48 hours between tests.*

Section 17. Confidentiality

Community member's health information is confidential and must be treated as such. Information about a particular community member and their medical status should be shared only with those who have a need to know.

Any health information collected from an individual should be treated as a medical record and should be handled and stored according to program, local, or federal guidelines such as HIPAA. Confidentiality of visitor's information is extremely important.

Section 18. Cleaning and Disinfecting

Cleaning with products containing soap and detergent reduces germs on surfaces by removing contaminants and decreases risk of infection from surfaces.

If no one with confirmed or suspected COVID-19 has been in a space, cleaning once a day is enough to remove virus that may be on the surfaces. This also help maintain a healthy home.

Disinfection using approved disinfectants kills any remaining germs on the surfaces, which further reduces any risk of spreading infection.

You may want to either clean more frequently or choose to disinfect in addition to cleaning shared spaces if the space:

- Is a high traffic area
- Is poorly ventilated
- Does not provide access to handwashing or hand sanitizer.
- Is occupied by someone at high risk for severe illness from COVID-19.

Section 19. Supply Request

If a home with a confirmed positive case requires assistance with cleaning products and mask. You may contact the Logistic team at 1-(928)-769-2652 to request supplies. You will need to provide your name, address, phone number, and delivery instruction to ensure the items are delivered to right address.

A provision request form may be required before items can be delivered.

Section 21. COVID-19 Testing

COVID-19 testing available at the following locations:

Peach Springs Health Center

943 Hualapai Way
Peach Springs, AZ 86434

Monday – Friday
8:00 AM to 3:00 PM

Excluding Holidays

Make an appointment by contacting
1-(928)-769-2900

OTHER LOCATIONS FOR TESTING:

Embry Health

1021 Buchanan St.
Kingman, AZ 86401

Make an appointment by visiting:
embryhealth.com/covid-19-testing/

Kingman Regional Medical Center

3116 Stockton Hill Road
Kingman, AZ 86401

1-(928)-263-3945

CVS

3501 Stockton Hill Road
Kingman, AZ 86409

Make an appointment online at:

[COVID Testing - 3501 Stockton Hill Road Kingman, AZ | MinuteClinic \(cvs.com\)](https://www.cvs.com/COVID-Testing-3501-Stockton-Hill-Road-Kingman-AZ)

Sonora Quest Laboratories

2505 Hualapai Mountain Rd, Ste A
Kingman, AZ 86401

Monday - Friday
7:00 AM – 12:00 PM

1:00 PM – 4:00 PM

Make an appointment at:

Sonoraquest.com

APPOINTMENTS ARE REQUIRED

Derry Therapy Services,

Diagnostic Solutions

3931 N. Stockton Hill Rd. Ste E

Kingman, AZ 86409-2426

**Test by other medical providers test results can take 24-48 hours to receive results.*